



Baltimore Child Abuse Center (BCAC) is Maryland's foremost resource for child abuse prevention education for parents, caregivers and other adults in the community, as well as professional development training for child advocates and other mandated reporters. BCAC offers the following classes (eligible for Continuing Education Credits) at its onsite Training Institute in Baltimore City and provides customizable workshops that can be hosted in the community or at your worksite.

### **Adverse Childhood Experiences (ACEs): Impact on Future Health & Social Outcomes**

In 1995, CDC researchers discovered 10 common ACEs relating to child abuse, neglect and household dysfunction that have remarkably been proven to have costly detrimental outcomes as children become adults. Participants will gain appreciation of the ACE study and how its findings impact adult outcomes.

### **Building a Blueprint for Child Protection**

BCAC will help explore how to engage community leaders and stakeholders to help institutions better protect children of all ages by encouraging higher standards of child protection. Our goal is to change the way that youth-serving organizations (YSOs) and their funders view child protection and crises. This session will discuss innovative ways that both funders and YSOs alike can engage their community in prevention efforts and proactively arm the YSOs in their community against risk.

### **Camp Training**

We will provide camp staff with a comprehensive understanding on what child abuse and neglect is, the emotional and developmental impact on children, and how allegations of child abuse effect camp as a whole. Sessions will include scenario evaluation, age appropriate modules, video demonstrations, and custom content designed for your camp, or youth-serving organization, and its unique culture.

### **Children Exposed to Intimate Partner Violence**

This training will review the current research, the significance of early ACE study, and why there is consensus in the field regarding the adverse effects of children witnessing violence. We will discuss neurobiological, emotional and psychological factors as well as parenting in this context and what you can do in your work with families to increase resilience.

### **Child Sexual Abuse Prevention Training**

Darkness to Light *Stewards of Children*® is the leading evidence based child sexual abuse prevention program in the country. The training program aims to empower adults to prevent, recognize, and react responsibly to child sexual abuse. Darkness to Light is open to anyone who wants to make a difference in their community.

### **Discipline and Abuse: Where is the Line?**

The difference between child abuse and child discipline may seem obvious to most. However, to some it is unclear where to draw the line. The workshop will offer guidelines and lessons that help to clarify the difference.

### **Doing What's Right Is Not Always Easy - Ethics**

This ethics seminar will explore the history of the National Association of Social Workers requirements and the most frequent ethical violations. We will see how ethical dilemmas may look in real life and will review ethical decision-making.

## Effectively Communicating with Youth

Effective communication is a key component in engaging today's youth. You have to speak the language but more importantly, you have to know their language. This workshop will introduce you to the methods and insights necessary to not only hear from youth, but to listen. This workshop will assist you to help them develop their voice in their language.

## Engaging Families in the Mental Health Process: For Providers

This workshop will share information about how service providers can engage families in services including ideas, tips, examples and programming ideas. In this training, individuals will learn what resources are most useful to certain clients and how to use these tools. Instructors will provide interactive examples of how to successfully engage families and improve outcomes for youth.

## How Does That Make You Feel? Vicarious Trauma and Building Resiliency

Dealing with traumatic material on a daily basis can cause professionals to feel exhausted and hopeless. This workshop will address the emotional, mental, and physical toll that is often imposed on those in helping professions. Professionals will learn how to strengthen themselves and their organizations against compassion fatigue and burnout. They will also learn how to incorporate resiliency into their everyday work lives.

## Internet Safety for Parents and the Community

As technology is constantly evolving, we must stay well-informed of all the dangers that threaten adults and children. This course will drive home a constant theme to take into consideration and to reiterate to children that everything we post on the Internet is both public and permanent. We will also discuss Internet technology that children have easy access to and ideas on how to neutralize the dangers they can sometimes pose.

## Introduction to Child Advocacy

This is a comprehensive orientation on the collaborative and trauma-informed approach of the Children's Advocacy Center (CAC) model of child abuse investigations. Participants will be introduced to child welfare terminology, how child sexual abuse is investigated, what services and activities occur at CACs, and the roles and responsibilities of various agencies.

## Medical Aspects of Child Sexual Abuse

The medical portion of the child sexual abuse investigation can offer useful information to the investigative team. This presentation demystifies the medical portion of the child sexual abuse investigation by discussing conditions sexually abused children present; behavioral concerns, physical exam findings, and STDs. Cases will also be presented in the course of the discussion.

## Memory and Suggestibility in Children

This training will review early and current research regarding memory and suggestibility in children. Pivotal criminal cases will be reviewed. We will discuss how to talk to children in ways that minimize problems of suggestibility including question types and developmental considerations.

## **Pursuit of Truth Film Viewing and Discussion**

The film will chronicle the plight of adult survivors of childhood sexual abuse who seek legal redress against their abusers. In their own words, survivors describe their individual journeys to obtain justice and the impediments that obstructed their paths. The film will also feature interviews with experts in the field who collectively weigh in on the fundamental flaws in the system and recommend needed reforms. The film will break new ground by raising serious questions about the legal process's response to survivors' cases and addressing necessary systemic changes.

## **Serving Lesbian, Gay, Bisexual, Transgender, & Queer/Questioning (LGBTQ) Youth: Understanding the Population and Prevalence of Sexual Abuse/Assault**

This is a training that will provide information on understanding the LGBTQ population with a focus on youth. General terminology and prevalence of sexual abuse/assault will be discussed as well as how to work with caregivers. The audiences for this workshop are social workers, counselors, psychologists, case managers, medical professionals, and law enforcement.

## **Understanding and Working with Victims of Human Trafficking**

Understanding the mindset of human trafficking victims is important to helping them restore their lives. This workshop will discuss the specific topics that will support someone who could be a victim of human trafficking. We also offer separate training on particularly vulnerable trafficked communities.

## **Understanding Your Responsibilities as a Mandated Reporter**

Participants will gain an understanding of relevant state laws, requirements for reporting, and the signs and symptoms of abuse and neglect. This workshop will provide participants with reasons to report and information on how to report. We will also explore the long-term impact of abuse on children.

## **Working with the Latino Community: Case Studies on Barriers to Access**

This training will give insight on cultural influences that Latino populations face while living in the United States. A perspective of how Latinos view family, friends, social interactions, religion, and health will be provided for professionals who administer direct services to Latino communities in an effort to increase cultural competency.

## **Raising of America Documentary Viewing and Discussion**

Recent studies stress how a child's earliest surroundings and interactions shape the developing brain, building the foundations for life-long emotional, intellectual and even physical health and development. Exposure to a nurturing or adverse environment in the early years affects how we think, feel and relate to others as we age, our capacities for empathy, impulse control and even love. The *Raising of America* Series is a five-part documentary series that will explore policies and structures help or hinder the raising of healthy, happy and compassionate children.

*To learn more, Contact Us:*

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 <http://www.bcaci.org/>